

IEM PUBLIC SCHOOL





ESTABLISHED, MANAGED AND ADMINISTERED BY IEM-UEM GROUP

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Editorial Team Members Director's Message Principal's Message **Editor's Message-The New Normal** Baby Steps Make the biggest difference Rabindra Jayanti Digital Library Launch- Play enacted Tom Sawyer E-Library Cops'Day Out **International Yoga Day World Environment Day** The Seamy Side of Life Library-The heart of the school **Art Contest Inspire Awards-Manak English Creative Writing Contest** Manav Ki Samaj **Hindi-Creative-Writing Contest Bengali Creative Writing Contest** Fit-india Freedom Week Celebration **Virtual Picnic Christmas Celebration** Republic Day 2021

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2020 was an unprecedented year in the annals of human history. It can be hoped that we as a race have emerged from it stronger and more aware of what really matters in this life. That at least is a positive note to start the new year on.

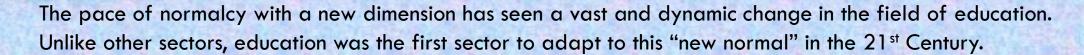
Let us, then, face 2021 with a spirit of collaboration, to make the most of what we have and help each other on the way. Let us do away with unnecessary competition and negativity and try to nurture compassion in our thoughts. Let our endeavour be geared towards bettering ourselves as adults and bringing up our children with the right values. After all, the pandemic will not last forever, but the effect of our choices might.

Wishing our children a beautiful year ahead where they might discover the wonder of this world and grow each day. Your teachers have planned a curriculum for you this year with this in focus and you will love it! I also wish all parents, teachers, well-wishers, and other members of the IEM Public School family a happy, productive and healthy 2021!

Anindita Banerji

Principal, IEM PUBLIC SCHOOL

THE NEW NORMAL



The pandemic struck world-wide, and aghast as we were at the situation that lay ahead of us, the most difficult proposition for us was___ "Online-the only answer" to all the problems we faced in the wake of this Covid-19. Following this prompt decision taken by our management, we were the first few schools in Kolkata to begin our Session 2020-21 on 23rd March with our introduction to online teaching. Without hesitation, all of us, rolled out the plan to carry forward the classes online. Till today, we have been successfully continuing our online classes both academic and extra-curricular.

We convey our heartfelt thanks to the students, parents, our School Management, Principal Maám, members of the staff and our team of excellent teachers. Today we emerge as a budding and popular school. We have been ranked 7th in the Zonal Ranking by Times School Survey and we are among the top 25 schools in West Bengal.

We have bloomed together as a team and forayed into unchartered territories of Google Meet, Google Classroom, presentations, social media and so on. Our Digital Library, IEMPS Learning -YouTube Channel was launched this year. We have undertaken a galaxy of events, a glimpse of which we would love to share with everyone in our annual school magazine. We have successfully been able to communicate with all the students online, located in different parts of India and have been able to unify them in class-groups and impart knowledge across various locations. It has been the new-normal for all of us.

Our teachers developed and succeeded in enabling themselves, to teach online effectively. We have succeeded in undertaking regular school assembly, regular classes, online experiments, online examinations, preparing and sending reports cards, holding parent-teacher meetings and undertaking variety of contests online. We have encouraged our students to develop skill-set for the future, through insight into coding sessions, learning and competing on PowerPoint, essay competitions and celebrating our "poila-baisakh", Rabindra-Jayanti, Independence Day, Children's day, Teacher's Day and annual concert day online.

This sense of new-normal would never have been possible without the due diligence and partnership of the parents and IEM PUBLIC SCHOOL. This all-round growth has been an empowerment for all of us, enabling all the partners.

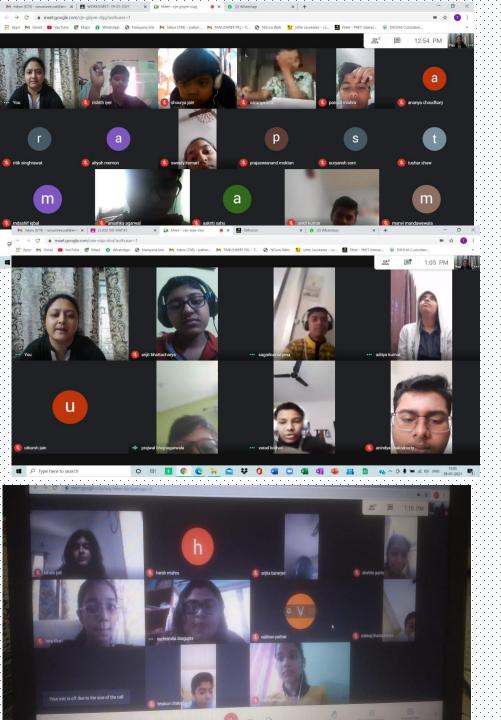
Teaching is an ongoing process and not only does it involve imparting knowledge, it also involves self-development. IEM PUBLIC SCHOOL also enables the teachers to upgrade themselves through the DIKSHA online platform provided by the central government, under guidance from CISCE. The NEW NORMAL has helped us to be connected with our school children, more than ever. The rules of the new normal applies to everyone and has also become a skill-set for the children, and teachers. From the very basic rules of learning to raise your hand online to keeping your self mute, in other words, learning to be disciplined has its own measures online.

We hope this new normal shall gradually fade out with the advent of a vaccine to keep everyone safe and healthy.

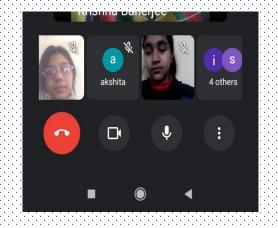
By Aditi Talapatra



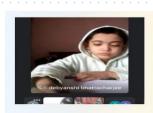
Headmistress Pre-Primary and Primary Section







ONLINE CLASSES









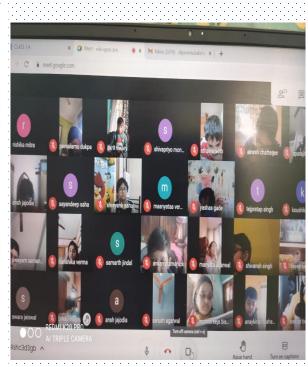






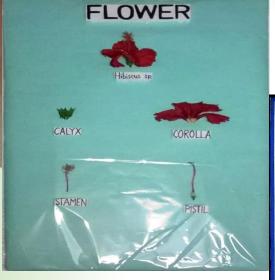


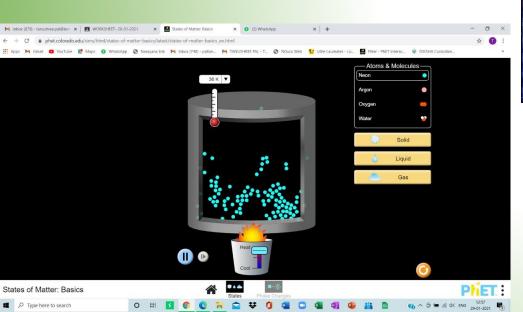




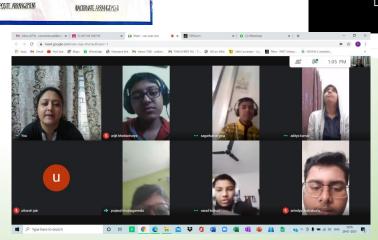


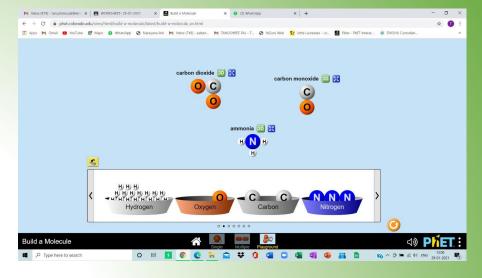
Online Experiments

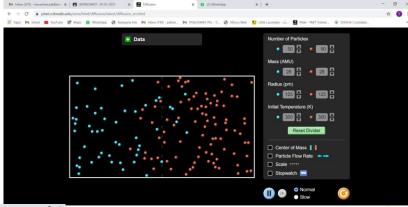














A tiny window in a toddler's life opens bigger and brighter doors fo the future, when nurtured with care and love. It is in the true sense 'a garden of flowers' for them. As the little children enter their garden, they are transported into a magical world where every little thing is new for them. From catching a ball, walking on tiptoes, pasting pictures, recognizing colours and shapes, numbers learning about the alphabets, letter sounds and trying to understand the stories, with every little step they move an inch closer to the next level. My experience with the little children for over 3 and a half years have made me realize my own potential, has made me patient and being with them has taught me the art of resilience. So, it is not just baby steps for my little children of lower nursery but also bigger steps in my journey of life. As the toddlers try to absorb the world around them and develop a sense of oneness with me, I feel a sense of satisfaction, a sense of wider joy that transcends all boundaries. It is as if a bird attempting to fly, initially they are scared and later on with love and care, they tend to open up their wings ready to soar and take their first fliaht.







The students of IEM Public School celebrated Rabindra Jayanti with songs, dance and poem written by Kobi Guru Rabindranath Tagore on 9th May 2020.



TO INSPIRE AND BE INSPIRED

As I ran along, at my reluctant best Along the wavering wind-Kept pondering to pause and walk-Something stopped me from quitting-What kept me going? -By Nisha Bachhawat

Just as my students toil hard, day in and day out
Trying to improvise, complete and turn in all their energies into one assignment
Only to seek their reward from their teacher
A humbling yet inspiring picture of my students, pushing their limits
Lay strewn on the racing track

My target of finishing the run might appear as a petty victory But, often I tell my students 'Each small step, brings you closer to your goal' In my case, it's a race with life In theirs, it's an evening playing games with their friends!

Over the years, if there's one thing that has been the closest to my heartIs this "Teaching is learning, teaching is self- discovery and teaching is a bond between teachers and students".

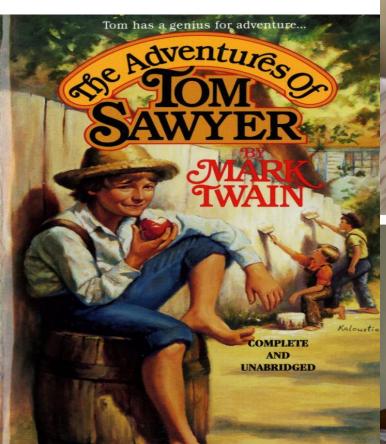
In the words of William Butler Yeats- "Education is not the filling of a pail, but the lighting of a fire'.



Students of IEMPS play acting
an excerpt from THE
ADVENTURES OF TOM
SAWYER

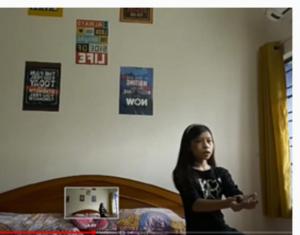
















The Digital Library allows both reading and listening to the stories. The IEMPS Digital library has thousands of level-reading books of all genre for the students.



In the days affected by the pandemic and lockdown, students were given the facility to read books from the comfort and safety of their homes. We have screenshot of IEMPS students reading story books across locations.









Cops' Day Out enacted by all the teachers of IFMPS. Script written by our respected Principal Maam.





COPSIDAY OUT































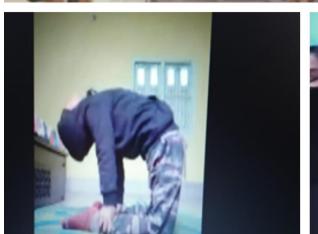














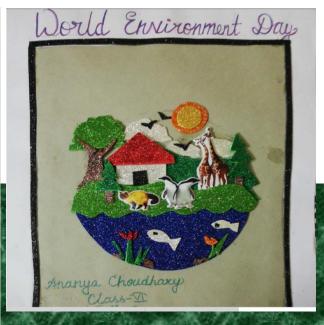


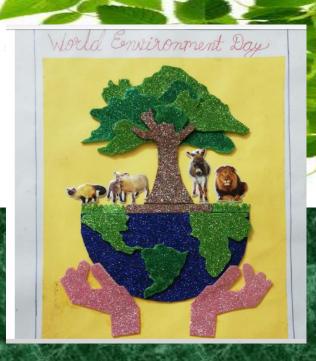


WORLD ENVIRONMENT DAY



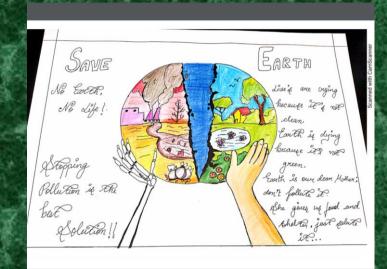






Gandagi Mukt Mera Gaon







THE AGONIES OF GROWING UP

By Ms.Shampa Roy

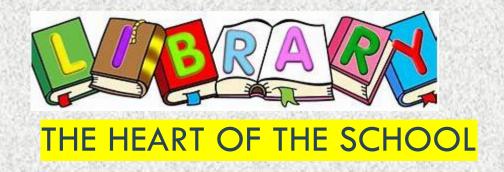
When I was a little girl my mother had told me a story of an old woman living in the moon. Wearing a white saree and with hair as white as silver she would be always busy in spinning a wheel.

As soon as the moon would rise in the evening I used to run out of the house and look up at the moon. Some days I would actually see her busy on her spinning wheel. Some days she wouldn't come out of her little cottage at all. The days when I couldn't see her I used to think to myself......perhaps she is busy cooking or maybe she has her family up there. Maybe she is playing with her grandchildren in her lovely little garden. I used to remain lost in my thoughts for days .At times the moon would disappear from the sky with the old woman and her spinning wheel. I used to search and search for her but in vain.

I am not a child anymore. Now I know that it was just a story. Those dark spots are the craters of the moon. I can no longer see a woman clad in white with her silver hair flowing in the wind, spinning away bales of white cotton and turning them into silver threads.

I do not dream anymore.

I have grown up.



By Ms.Jayashree Patra

The School Library awakens and fosters reading habits among children and young students and enlightens their imaginative minds. As said by Dr S. Radhakrishnan, 2nd president of India – "Library is a heart of an institution" made the presence of a library inevitable in all the institutions and when it comes to an academic institution library plays a vital role as an indispensable tool of learning process; starting from the toddler-school life to the higher education-colleges till the research and scholar phase and beyond.









The school libraries aims to create a love for books; generate interest in reading them and slowly develop the habit of reading. ii. It also aims to full fill all the requirements of young students for learning and teachers for teaching.

School Libraries should build up a good stock of books and other learning and teaching materials.

- i. The primary school libraries should include picture books, biographies of great men and women, books of travel and humor, folk tales, stories of animals and birds, children's magazines, audio-visual aids like motion films, video cassettes, charts, models, photographs and toys.
- ii. The secondary and higher secondary school libraries should develop an excellent stock of text books, general books on popular science, biographies, travel books, books on sports and games, fictions, short stories, conventional reference books such as dictionaries, encyclopedias, yearbooks, directories, etc., periodicals, audio-visual materials and similar other Learning is a lifelong process and the school library must prepare lifetime learners. The librarian helps students to cultivate the habit of using library, not only with reference to their reading for course requirements but also reading for pleasure, general

knowledge and recreations.



SCIENCE OLYMPIAD FOUNDATION SOF INTERNATIONAL GENERAL KNOWLEDGE OLYMPIAD (SUMMARY RESULT - SHEET) - 2020-21



School: (WB2874) IEM PUBLIC SCHOOL

GE-4A SECTOR III, SALT LAKE ,(NEAR TANK NO-12, BEHIND NIFT GIRL'S HOSTEL)

KOLKATA, (WEST BENGAL)

S.No.	Roll No.	Name of the Student	Obtained Marks	School Rank	Zonal Rank	Regional Rank	International Rank	Awards - Won International / Zonal / School Award
1	WB2874-02-001	ADVIK SINGH	32	1	322	1777	8982	Participation Certificate
1	WB2874-03-001	SHREYAN PANDA	30	1	89	176	266	Participation Certificate
1	WB2874-04-001	SUNISKA DAS	17	1	257	794	1331	Participation Certificate
1	WB2874-06-001	AAKRITI SAHU	25	1	231	926	2288	Participation Certificate

IEM PUBLIC SCHOOL students selected for National Level Spell-Bee Contest in 2020.

SN	Name	Class	School
4	ADVIK SINGH	1	IEM PUBLIC SCHOOL
1			



An Art Contest was held online for the students in September to showcase their creativity with thoughts and colours.

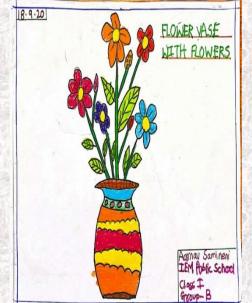




























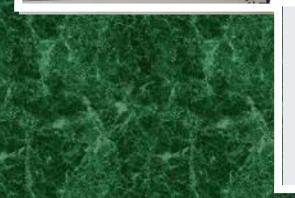






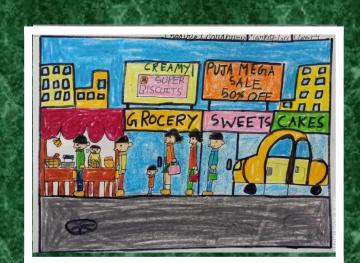
















INSPIRE Awards-MANAK

The **INSPIRE Awards-MANAK**, are being executed by the Department of Science and Technology with the National Innovation Foundation- India (NIF) for the students in the age group of 10 to 15 years and studying in classes 6 to 10. The objective of the scheme is to target one million original ideas/ innovations rooted in science and societal appliances to foster a culture of creativity and innovative thinking among school children.

The best one lakh ideas/innovations will receive rupees 10000/- each and will get a chance to participate in District Level Competition. Ten percent students will be shortlisted further to participate in State Level Competition. One thousand students will showcase their innovations at National Level and finally sixty innovative projects will be incubated completely by NIF and will be displayed at the annual Festival of Innovation and Entrepreneurship (FINE). Students who actively participated in the INSPIRE Awards-MANAK program are as follows:

Prajwal Bhojnagarwala

Class: VIII Project: Hand Sanitizer Dispenser

Hiya Mitra

Class: IX Project: Vacuum Duster

Anindya Chakraborty

Class: VIII Project: UV Sanitization Machine



ENGLISH CREATIVE WRITING CONTEST

My favourite flower Maanyata Verma Soni (Class-III)

My favourite flower is rose. It is found in many colours like red, pink, yellow and white. Among these, red rose is the most popular and lovable one. Rose has a beautiful fragrance and thus, they are used for making rose water, perfume and many other things. I love this flower because of it's beautiful

fragrance.

My favourite cartoon character Anushka Agarwal (Class-VI)

My favourite cartoon character is Sinchan
Sometimes I think he is a funny man
He makes me happy, he's such a great boy
Who always does naughtiness or break his toys
He makes me laugh even if I am sad
I watch him so much that my mom also gets mad
He is so mischievous, he is so weired
I laugh for him so loudly that my brother gets
scared
He will always be my favorite one I bet

He is someone whom I can never forget.





My favourite cartoon character Suniska Das (Class-IV)

attraction towards cartoons. My favourite cartoon character is 'Little Singham'. He is an intelligent police officer. He is very brave and can fight well.

Little Singham' is actually a lion. He has a tattoo on his right hand. He used to go to school as 'Ajay'. He has a monkey named 'Cheeky'. There are several other characters in the cartoon. Some are good, like- Lattoo, Babli, Professor Avinash; but some others like King Cobra, Professor Khatri, Daku dhamaka, Kaal are villans.

From my very childhood, I have a great life and

This cartoon is all about how Little Singham uses his intelligence and courage to defeat all these villains. Thus, watching this cartoon is of great entertainment.

My favourite cartoon character Ekansh Bagrodia (Class-V)

My favourite cartoon character is Doraemon. I am very fond of this character. In this cartoon Doraemon is a person who is actually a cat Robot from 22nd century and has travelled back to 21st century.

There he meets a silly boy named Nobita, who always gets into trouble and asks Doraemon to help him out. As Doraemon is kind in nature, he always help Nobita with his gadgets. The first gadget which he showed Nobita was a bamboo copter. It helps a person to fly from one place to another. The second gadget was an 'Anywhere Door', which helps a person to travel far places just by opening a door. Doraemon, as a cartoon character teaches us a lot of things. It teaches us to be helpful caring, obedient and soft spoken.

I wish I could have a friend like Doraemon who would also help me to do my homework with the help of his gadgets. If I would have a chance of getting any of Doraemon's gadgets, I would want the time machine which would help me to travel back in past and move ahead in future. I also want the 'Answer Glasses' through which I can get all the answers during exams.

मानव की समझ

By Krishna Banerjee

क्या लिख कर दूँ ए दुनियावालों मैं तुझको पढ़ने को ? क्या पढ़कर तुम अनुरूप काम करते हो ? ए मानव तू संभल जा | क्या लिख कर दूँ ,ए दुनियावालों मैं तुमको पढ़ने को ? क्या तुम पढ़कर अनुरूप काम करते हो ? या पढ़कर यूं समय बिताते हैं ? अरे इतना हुलसे क्यों हो ? देख अपनी संपदा को । ये है क्षणिक मत भूल ,कुछ पता नहीं कब चंपत हो।। बिलोक अपने महल ऊंचे, जो गर्व से तू फूल जाता है। मत भूल एक झटके में ,वो भग्नावशेष हो सकता है। हर्षित होता है तू ए मानव, देख अपनी संतानों को ? ये अंग है मेरे जीवन के कहता है तू इन माटी के मुरत को। क्या पता है टुकड़ा दे वक्त आने पर ,आशा की किरण कहता है जिन्हें तू । या बन पड़े शिकार किसी अनचाहे घटना की ।जिससे रहता अनजान तू । हाथ मलता वह जाएगा तू सोच ए मानव । फिर क्या करेगा तू ? सोचा है कभी ए मानव । जीवन तेरा टूट गिर सकता है संसार से है।। जैसे फूल गिरे मुरझाए डाली से है। अतःए मानव दैव - ज्ञान तू पा सका नहीं ग्रंथ तो कहते हैं तेरे, कर्म किए जा फल की इच्छा कर नहीं ।। खोल लो विवेक के परदे-परदे खोल ले तू॥

नहीं तो पछताएगा तू, पछताएगा तू ,पछताएगा तू । । क्या लिख कर दूँ ए दुनियावालों ? कृष्णा बैनर्जी

विषय-"ऑनलाइन शिक्षा से आप कितने प्रभावित हुए, अपने विचार व्यक्त कीजिए।"

शिक्षा हमारे जीवन का महत्वपूर्ण अंग है। अच्छी शिक्षा हर बच्चे का अधिकार है। एक शिक्षित व्यक्ति ही सभ्य समाज का निर्माण कर सकता है। लेकिन आज पूरे विश्व में जिस तरह से महामारी फैली हुई है, उससे हमारी शिक्षा बहुत प्रभावित हुई है। लाकडाऊन के इस दौर में हम जहां सारे शिक्षा केंद्र बंद हैं, वहीं ऑनलाइन शिक्षा ने हमारी शिक्षा जारी रखने में बहुत मददगार साबित हुई है।

आज दुनिया के सारे बच्चे ऑनलाइन शिक्षा का उपयोग करके आसानी से पढ़ाई कर ले रहे हैं ।ऑनलाइन शिक्षा में हम लोग शिक्षक द्वारा ली गई क्लास को रिकॉर्ड कर सकते हैं। जिससे क्लास के बाद भी हम रिकॉर्डिंग को बार-बार सुनकर अपनी शंका को शिक्षक से दुसरे क्लास में पूछ सकते हैं।

ऑनलाइन शिक्षा में किसी प्रकार की विषय संबंधित समस्या हो तो शिक्षक से ऑनलाइन पूछ सकते हैं। इसके लिए कहीं जाने की जरूरत नहीं है ।

ऑनलाइन शिक्षा एक नए प्रकार की शिक्षा है जो हर देश अपना रहा है ।बस जरूरत है कि हम इस शिक्षा से ज्यादा से ज्यादा फायदा उठा सकें और अपने देश का भविष्य उज्जवल कर सके ।मैं शिक्षा तकनीक से बहुत प्रभावित हूं।

नाम-अक्षदा चौधरी ,कक्षा पांचवी

विषय-ऑनलाइन शिक्षा से आप कितने प्रभावित हुए अपने विचार व्यक्त कीजिए ।

इन दिनों ऑनलाइन शिक्षा के माध्यम से हमें पढ़ाई लिखाई करना पड़ रहा है। हम अभी के लिए बाहर नहीं जा सकते और अभी सारे स्कूल, ऑफिस आदि ऑनलाइन के माध्यम से करना पड़ रहा है।

ऑनलाइन शिक्षा के वजह से हमें मोबाइल, कंप्यूटर आदि से करना होता है ।इस शिक्षा से मैं प्रभावित होकर यह कहना चाहती हूँ कि इस प्रकार की शिक्षा में मुझे हर रोज घंटो तक मोबाइल के सामने बैठे रहना पड़ता है ।

इस प्रकार की पढ़ाई से मेरे और मेरे साथियों की आंखों के लिए भी ठीक नहीं है।जब भी हमे नेटवर्क प्रॉब्लम होता है ,मेरी पढ़ाई में कमी रह जाती है ,क्योंकि क्लास नहीं हो पाता है।

पर इस प्रकार की शिक्षा पैंडमिक के समय के लिए काफी मदद करता है ।ऐसे समय में अगर ऑनलाइन शिक्षा ना होता तो हमारी पढ़ाई ठीक-ठाक नहीं हो पाती ।

ऑनलाइन शिक्षा की मदद से इस समय में हमें हर तरह की विषय जैसे हिंदी, इतिहास, भूगोल आदि पर ज्ञान प्राप्त हो रहा है। तो हमें यह पता चलता है कि ऑनलाइन शिक्षा एक तरफ मदद करता है और दूसरी तरफ हानि पहुंचाता है ।

नाम-श्रीजीता बैनर्जी

कक्षा-६

प्रातः

गरम-गरम लड्डू सा सूरज, लिपटा बैठा लाली में सुबह-सुबह रख आया कौन इसे आसमान की थाली में मुंदी आंख खोली यह प्रातः सुबह का ।। सूरज के नीचे मै सौ फूलों को छूऊँगा, और एक को नहीं चुनूंगा। हवा को घास को नीचे झुकते हुए और घास उगती है यह प्रात है दोपहर का।। पूनम की रात आयी खुशियाँ हजार लाई लो किए अभी तलक भी, तारे नजर न आए, यह प्राप्त है रात का।। नाम-वैभवी पाठक कक्षा-७वीं



आनलाईन शिक्षा से आप कितने प्रभावित हए हम सब अभी लाकडाउन पर है ।कोरोनावायरस से हमें बचाने के लिए सरकार ने हम सभी को लॉकडाउन पर रहने को कहा है। हमें पढ़ाई की जरूरत है इसलिए हम ऑनलाइन के दवारा पढ़ाई कर रहे हैं। लाकडाऊन की वजह से हम सब घर से काम करने लगे ।अपने घरों में बैठकर पढ़ाई करने लगे। अध्यापक उनके घर में बैठकर पढ़ाते हैं। ऑनलाइन शिक्षा के द्वारा ही हम लकडाऊन में पढ़ रहे हैं । जब विद्यालय में हमें पढ़ाया जाता था ,तब हमें सब कुछ समझ में आ जाता था ।पर अब ऑनलाइन में जब हम पढ़ते हैं तब हमें कभी-कभी कुछ चीजें समझ नहीं आती ।"ऑनलाइन शिक्षा" से हमें कुछ लाभ भी मिलती है ।अगर इस पैडेमिक पर हम स्कूल जाकर पढ़ेंगे ।तब हम इस वायरस से हमें बचा नहीं पाएंगे। "ऑनलाइन शिक्षा" हमें यह लाभ मिलती है। मैं जब स्कूल जाती थी, जब मैं अपने दोस्तों के साथ स्कूल के मैदान में खेल रही थी ।पर अब हम लोग घर से बाहर भी नहीं निकल संकते ।घर में बैठकर वीडियो गेम्स खेल पाते हैं ।कंपयुटर के सामने बैठ-बैठ कर मेरा आंख दर्द होने लगता है। आंस् भी निकलती है फिर भी मुझे एक-दो घंटे वहीं बैठनों पड़ता है। मैं यह भी कहना चाहती हूं, कि अगर ऑनलाइन शिक्षा नहीं होती। तब हम इस लॉकडाउन में पढ़ाई नहीं कर पाते। स्कूल में जितना कि क्लासे होता था । उतना क्लास ऑनलाइन में नहीं होती है, यह तो अच्छी बात है । पर यह चीजे हमें ऑनलाइन क्लास में नहीं कर पाते हैं ,जो हम स्कूल में किया करते थे ।आशा है की स्कूल शीघ्र ही खुले और पहले जैसा हो जाए। नाम-के.श्रीहर्षीधा कक्षा-९वीं

BENGALI CREATIVE WRITING CONTEST

একটি স্মরণীয় ভ্রমণ--NAME-SHREYA BANDYOPADHYAY,CLASS-V

বেড়াতে যাবার কথা শুনলে মনে খুব আনন্দ হয়।একদিন বাবা অফিস থেকে এসে বললো,এবার পুজোর ছুটিতে দীঘা যাবো।একথা শোনার পর
থেকে রোজ ভাবতাম, কবে পুজো আসবে । সত্যি একদিন পুজো এসে গেলো । সেদিন ছিল ১৪ ই অক্টোবর । সকালবেলা আমরা
সবাই মিলে গাড়িতে চাপলাম।আমাদের সঙ্গে ছিল বাবার বন্ধুর পরিবারও।আমি জানলার ধারে বসেবাইরেটা দেখতে দেখতে যাচ্ছিলাম । তখন আমার
মনে হচ্ছিল গাছগুলোও যেন আমাদের সঙ্গে চলেছে।কয়েক ঘন্টার মধ্যে আমরা দীঘায় এসে পৌঁছা- -লাম।তখন দুপুর বারোটা বেজে গেছে।তাই সবাই
মিলে একটা হোটেলে গিয়ে উঠলাম।খাওয়া দাও- -য়া করে দুপুরে বিশ্রাম নিয়ে সন্ধ্যেবেলায় সমুদ্রের ধারে বেড়াতে গেলাম।সেখানে গিয়ে দেখলাম হাজার হাজার দোকান রঙিন আলোয় সাজানো । আমরা গিয়ে সমুদ্রের ধারে বসলাম আর মাছভা- -জা খেতে খেতে সমুদ্রের ঢেউ দেখছিলাম । খব ইচ্ছে করছিল তখনই জলে নেমে স্নান করি ।

পরের দিন ভোরবেলা সমুদ্রের ধারে গিয়ে সূর্য ওঠা দেখলাম l সূর্যের লাল আলোয় সমুদ্রের জল- -টা লাল রঙের মনে হচ্ছিল l দুপুরে যখন আমরা

সবাই মিলে স্নান করতে গেলাম সমুদ্রের ঢেউগুলি তখন যেন আমাদের ডাকছে।একছুটে আমরা লা--ফিয়ে পড়লাম।সবাই খুব মজা করে স্নান করে হোটেলে ফিরে এলাম আর তারপর খাবার খেয়ে বিশ্রাম নিয়ে সন্ধ্যেবেলা আবার সমুদ্রের ধারে বেড়াতে গেলাম l অনেক কিছু কেনাকাটা করেএকরাশ মন খারাপ নিয়ে হোটেলে ফিরে এলাম,

কারণ কাল সকালেই আমাদের বাড়ি ফেরার কথা । একদিন হলেও দীঘার এই বেড়ানোর অভি- -জ্ঞতা আমি চিরকাল মনে রাখবো ।

বিষয়- স্কুলে যে কবে যাব INAME--BHUBAN CHAKROBORTY.CLASS--VII.

সেই অনেক মাস আগের থেকে বসে আছি বাড়ি- -তে l সব জায়গায় লকডাউন চলছে l আমাদের স্কুলও বন্ধ l বাড়িতে বসেই অনলাইন ক্লাস চলছে।অন্তত আমি পড়াশোনার পাশাপাশি সবাই -কেই দেখতে পাচ্ছি l আমার অনলাইন ক্লাসেরথেকে স্কুলে গিয়ে ক্লাস করতেই বেশি ভালো লাগে l

আমি যখন স্কুল থেকে ছুটি পাই,আমার খুব ভালো -ই লাগে।কিন্তু এত ছুটি আমার ভালো লাগে না ।

মাঝে মাঝে আমার পড়াশোনা বা অন্য কিছুতেই মন বসে না l আমি আমার পরিবারের সাথে সময়কাটাই l কিন্তু আমার বন্ধু ও শিক্ষিক শিক্ষিকা- -দের আমি সত্যিই দেখতে চাই।আমি চাই খুব তাড়াতাড়ি সব ঠিক হয়ে যাক,আর আমি যেন স্কুলে যেতে পারি l



একটি সারণীয় ভ্রমণ - প্রদীপ্ত চৌধুরী, চতুর্থ শ্রেণী

ছোটবেলা থেকেই আমার পাহাড়ে ঘুরতে যাওয়ার ইচ্ছে ছিল l মাঝে মাঝেই ভাবতাম ইস কবে যে সুযোগ হবে l একদিন স্কুল থেকে বাড়ি আসে শুনি আমরা বেড়াতে যাচ্ছি, কোথায় না গ্যাংটক lশুধু আমি আর আমার পরিবার নয় সঙ্গে যাবে দাদা মাসি তার পরিবার ও সবথেকে মজার ব্যাপার যাচ্ছে দাদু দিদা l

যাবার তিন দিন আগেই দাদা আমাদের বাড়ি চলে এসেছিলো l আমার পড়াশোনা সব মাথায় উঠলো, কত পরিকল্পনা আমি আর দাদা বসে বসে করতে লাগলাম l যাবার আগের দিন সন্ধে বেলা মা আর মাসি কত ভালো ভালো খাবার বানাচ্ছিল নিয়ে যাবার জন্য,বাবা আর মেসো ব্যাগ গোছাচ্ছিলেন , মাঝে মাঝে আমাদের হাঁক পড়ছিলো l সে রাত্রে তাড়াতাড়ি খেয়ে আমি আর দাদা শুয়ে পড়লাম l কিন্তু আনন্দে ঘুম আসতে চাইছিল;না, তাও সকলের বকাবকিতে ঘুমিয়ে পড়লাম ,ঘুমিয়ে ঘুমিয়ে পাহাড়ের স্বপ্ন দেখলাম l পরদিন সকাল সকাল আমাদের যাত্রা শুরু হলো l

শিলিগুড়ি থেকে গাড়িতে আমরা গ্যাংটকের পথে যাত্রা করলাম | গাড়ি চলতে চলতে চোখ লেগে এসেছিলো, হঠাৎ দাদা ডাকতে চোখ মেলে দেখি সামনে উঁচু উঁচু পাহাড়, আনন্দে আমার মন ভোরে গেলো। সেখান থেকে নেমে হেটেলে উঠলাম। এদিক ওদিক দেখতে লাগলাম। জানত পারলাম কাছে একটা নদী আছে,পাশের জঙ্গল থেকে হাতিরা সেখানে দলবেঁধে জল খেতে আসে, সাধারণত ভোরের দিকে, পরের দিন ভোর পাঁচটা থেকে আমি আর দাদা জানলাতে দাঁড়িয়ে রইলাম, আর দেখতে পেলাম সত্যি একদল হাতি আসলো জল খেতে, আমার সে কি আনন্দ, এছাড়া আরো দেখলাম কৃষ্ণসার হরিণ, কি সুন্দর তাকেও দেখতে।, এরপর পাহাড়ে পাহাড়ে গাড়ি নিয়ে অনেক ঘোরা হলো, প্রকৃতির সৌন্দর্য দেখে অবাক হলাম,কাঞ্চনজঙ্ঘা দেখলাম, অনেক রকম গাছপালা আর বিভিন্ন রকম পাখি পোকামাকড় দেখলাম এবং চিনলাম।

এরপর ফেরার পালা | মনটা একটু খারাপ লাগছিলো, পথে আরেক অভিজ্ঞতা হলো | পাহাড়ে ধস নেমে রাস্তা বন্ধ হয়ে গেছে |আর্মির লোকেরা এসে আমাদের নিরাপদে অন্য রাস্তা দিয়ে পার করে দিল | পাহাড়কে পেছনে ফেলে আমরা ফিরে এলাম শিলিগুড়িতে | আমার এ রোমাঞ্চকৰ ভ্রমণের কথা সারাজীবন মনে থাকবে, কখোনো ভুলবো না | 子.

■ IEMPS FIT INDIA WEEK under Government of ●India ,Ministry of Youth and Sports Affair, Sports Authority of India.

Initiated in IEM PUBLIC SCHOOL by Principal Maám Anindita Banerjee and P.T. Sir Subhajit Das













● IEM PUBLIC SCHOOL



DAY -3 POSTER MAKING DAY



FIT INDIA MOVEMENT INDIA

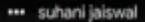
KOLKATA





k.karan srivastan











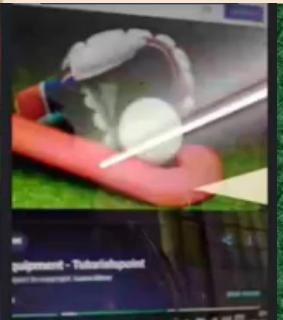
DIEM PUBLIC SCHOOL

DAY -4 FREEDOM WEEK ONLINE QUIZ

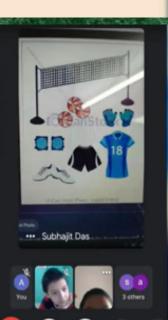


FIT INDIA MOVEMENT

KOLKATA

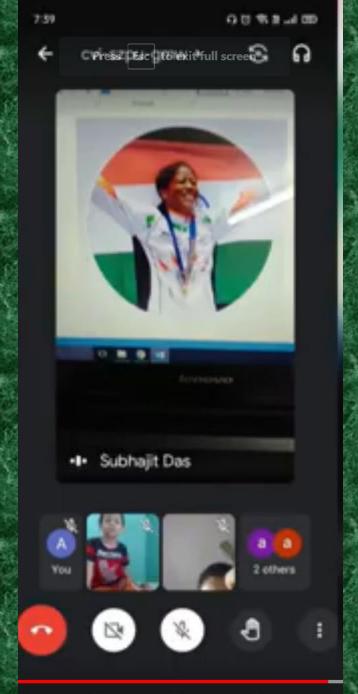












IEM PUBLIC SCHOOL

DAY -5 FREEDOM WEEK SPOT JOGGING AND SQUAT CHALLENGE



FIT INDIA MOVEMENT KOLKATA

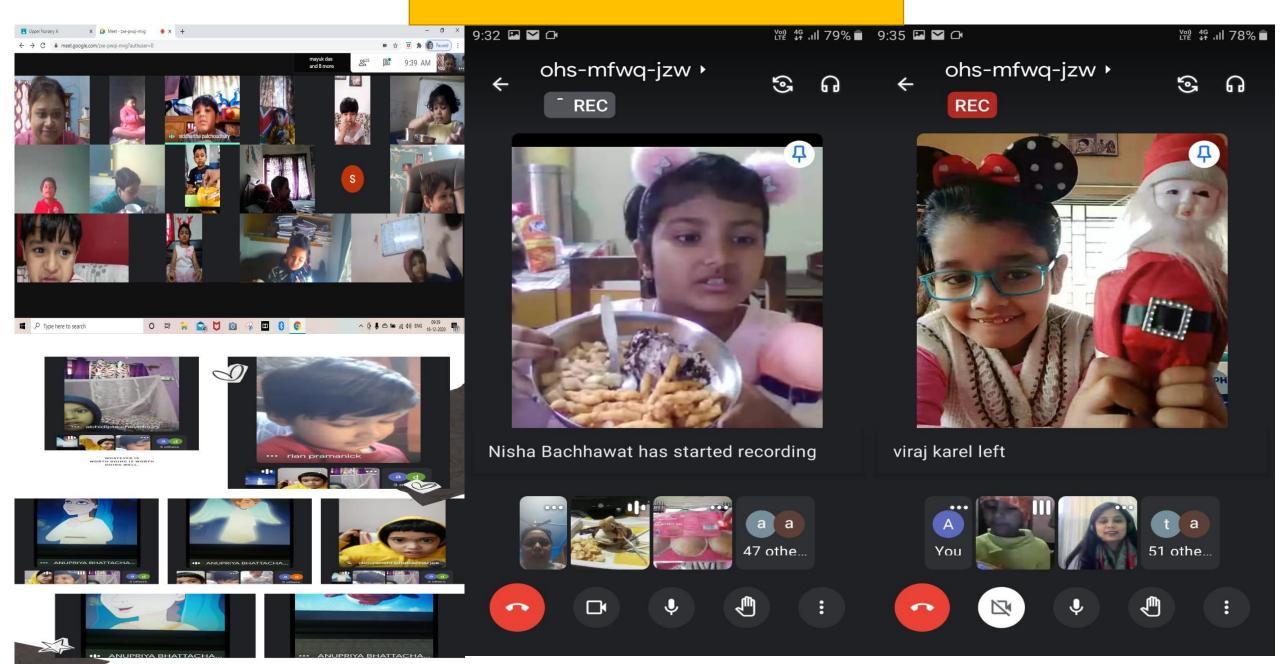


IEM PUBLIC SCHOOL Conveys heartfelt thanks to the

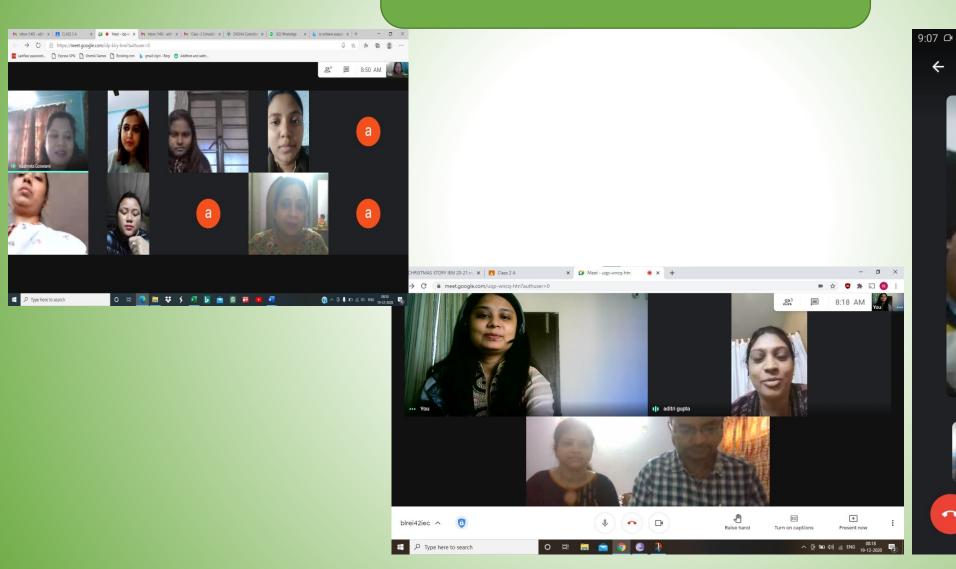
Government of India, Ministry of Human Affairs and Sports, FIT INDIA Movement Khelo India, SAI



VIRTUAL PICNIC BY THE STUDENTS OF IEMPS



ONLINE PARENT -TEACHER MEETING







ACTORS
ANKIT KUMAR AS JOSEPH (CLASS 6)
RASHI GUPTA AS MARY (CLASS 6)
RISHIRAJ BHATTACHARYA(CLASS
7), TANAYA AGRAWALLA(CLASS
2), SREEMOYEE BANERJEE(CLASS 2) AS
THE THREE SHEPHERDS
SHIVANSH SINGH(CLASS 3), PRADIPTO
CHOUDHURY(CLASS 4), NISHKAL
SHARMA(CLASS 1) AS THE THREE WISE
MEN
ZAINAB IBRAHIM MUSA AS KING
HEROD (CLASS 7)
DHANVIN VYAS AS THE ROMAN
EMIPEROR AUGUSTUS (CLASS 2)



ANGELS
ADVIK SINGH AS ANGEL GABRIEL (CL 2)
DEEPIKA MAJUMDAR (CL 2)
SINJINI GHOSH (CL 6)
SONALI SUNDAR (CL 1)
ANANYA KUMARI (CL 1)

NARRATORS
EKANSH BAGRODIA (CL 5)
AYAAT AHMED (CL 3)
NILASHA SRIVASTAVA (CL 1)
RISHIKA MITRA (CL 3)
ANKAN PRAMANICK (CL 3)
DEBAYAN BASU MALLICK (CL-8)
KRISHIV CHATTERJEE (CL 4)
DIPTARKA PAUL (CL 3)
RISHIKA THAKUR (CL 2)
ANUBHUTI JANGID (CL 1)
ANKUR TOMAR (CL 1)
MADHURIMA PAL (CL 7)
VANSHIKA MEENA (CL 1)















HOW TO OVERCOME VIDEO GAME ADDICTION

By Dipanwita Bakshi

GAME, as we know is always healthy and suggested by every one. But video game is something which is very enjoyable and addictive. One cannot make it a hobby but gradually it becomes an addiction for those who play frequently. Gaming has been around for almost 50 years but for the last few years it's grasping the young minds of the world. Technology is a blessing to us but it becomes curse when it ruins the young minds of the future of the world. Now a days, we see less children in parks or roads. It is not just for pandemic but prior to COVID-19 19 we saw the same scenario because most of the children are busy in playing video games and due to this, we can see more of gaming disorder in numerous children.

Symptoms of gaming disorder

- 1. Thinking about gaming all the time.
- 2. Feeling bad when not playing
- Need to spend more and more time playing to feel good.
- 4. Not being able to quit or even play less
- 5. Not wanting to do other things that was once used to like
- 6. Having problems at work ,school or home
- 7. Lying to people close to you about how much time one spend in playing
- 8. Using gaming to ease bad mood.



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Rock bottom became the solid foundation on which I rebuilt my life.

- J.K. Rowling

Treatments For Addiction that are Proven Successful

- 1. Therapies to detox of addictiveness
- Cognitive Behavioral Therapy
- Rational emotive Behavior Therapy
- 4. Treatment with medication
- 5. Engagement in constructive things
- 6. Socializing among family members







ACKNOWLEDGEMENT

We salute all the freedom fighters of India. We are grateful to the parents for their support and all the children for their enthusiasm. We are grateful to Sir- Debashis Majumdar, Ma'am Sanghamitra Chakrabarti, Principal Ma'am-Anindita Banerji, Coordinator Ma'am-Anindita Roy and Headmistress Ma'am-Aditi Talapatra for their support in putting up this programme. We are thankful to Arpita Ma'am for her melodious voice, Anuradha Dutta Ma'am and Anuradha Guha Ma'am for their guidance in music and dance. Nisha Ma'am and Ruma Ma'am for editing and compiling and all the teachers of IEM Public School for their love and involvement.

Salute India

Souther to the readiles of our brandom Souther for hillion

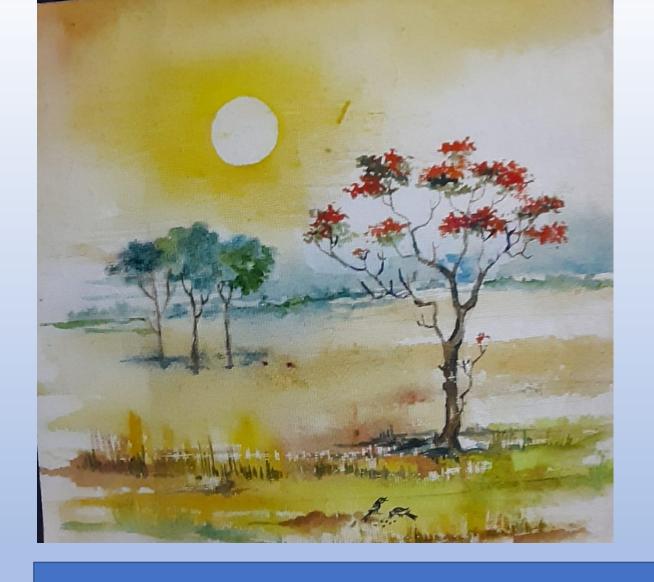


By Harshida Srivastava, Class IX

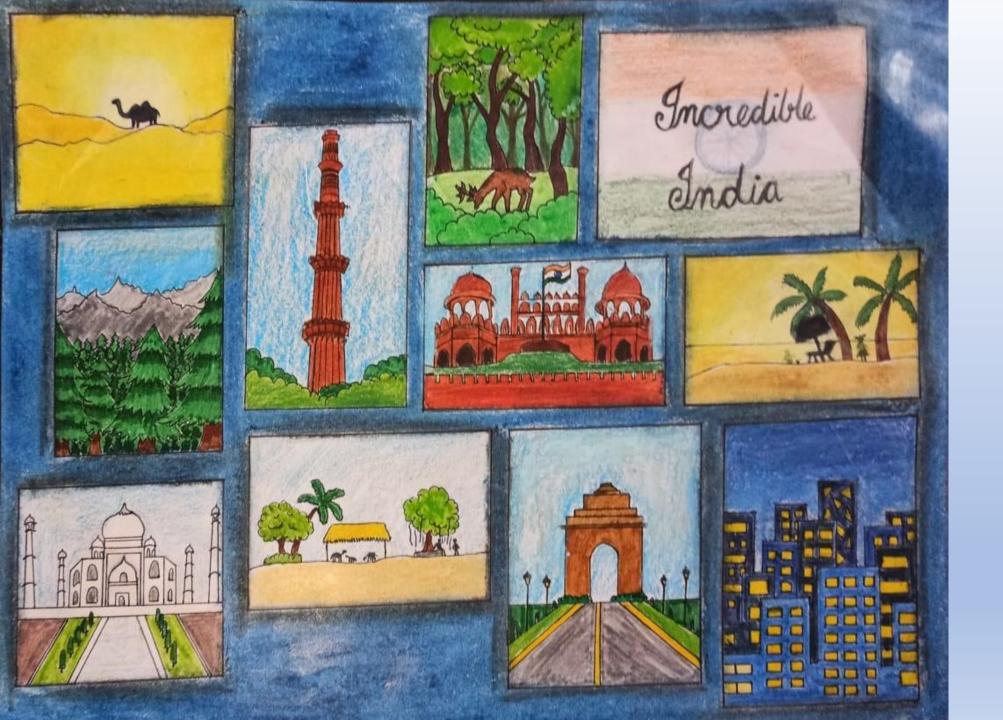
PARTECIPANTS

- 1. Anushka Karmakar- Cl 2
 - 3. Tejas Panday-Cl 2
- 4, Ankan Pramaniek- Cl 3
 - 5 Suniska Das- Cl 4
- 6. Md. Mubasshir Islam- Cl 5
 - 7. Ashlesha Mondal-Cl 6
- 8. Akshadha Choudhary- Cl 6
 - 9. Ananya Choudhary- Cl 6
 - 10. Machurima Pal-Cl7
- 11. Debayan Basu Mallick- Cl 8
 - 12. Smrtříka Nandi-Cl 9





"The woods are lovely, dark and deep,But I have promises to keep,and miles to go before I sleep" by Robert Frost Water colour painting by the ART TEACHER, IEM PUBLIC SCHOOL Mrs.Anuradha Dutta



A glimpse of Incredible India by the students of IEM PUBLIC SCHOOL

"Learning gives creativity, creativity leads to thinking, thinking provides knowledge, knowledge makes you great."
- A.P.J.Abdul Kalam

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